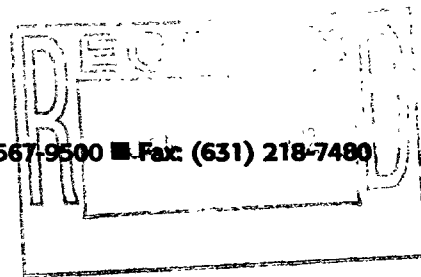




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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 12, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Lipotropic Action supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N' Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Iodine, Magnesium, Selenium, Manganese, Molybdenum, Potassium, Boron, Vanadium, Choline Bitartrate, Inositol, Ginger, L-Methionine, L-Carnitine, Beta Sitoserol, Dandelion, Barberry, Turmeric, Milk Thistle, Cinnamon, Siberian Ginseng, Gotu Kola, Fo-Ti, Cayenne Pepper, Amylase, Neutral Protease, Cellulase, Lactase, and Lipase.

- Supports Fat Metabolism
- L-Carnitine assists in the breakdown of fat cells to produce energy.
- Carnitine plays an essential role in making fatty acids available for energy in muscle tissue.
- Lipotropic Action also includes several key ingredients that contain antioxidant properties.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/tk

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